

| Pl | tno | Name | B | Club | S1 | S2 | S3 | me | | | |
|------------------|-----|---------------------|----|------------------------|---------|----|---------|----|---------|---|-------|
| S10 (7) | | | | | | | | | | | |
| 1 | 5 | Kitija Abula | 08 | Azimuts OK-Sm BJSS | 11:08 | 1 | 13:59 | 3 | 6:59 | 1 | :06 |
| 2 | 7 | Estere Rasš evska | 08 | Briksnis SK | 13:52 | 3 | 13:09 | 1 | 9:31 | 2 | :32 |
| 2 | 1 | Marta Mor te | 08 | Azimuts OK-Sm BJSS | 12:42 | 2 | 13:35 | 2 | 10:15 | 5 | :32 |
| 4 | 3 | Milda Ozoli a | 09 | Siguldas sporta skola | 14:12 | 4 | 15:09 | 4 | 10:13 | 3 | :34 |
| 5 | 4 | Em lija Dravante | 09 | C su jaun skola | 16:11 | 5 | 25:55 | 6 | 10:15 | 5 | :21 |
| 6 | 6 | Auguste Z le | 09 | Saldus OK | 18:47 | 6 | 25:31 | 5 | 10:13 | 3 | :31 |
| | 2 | L va Dudele | 10 | Briksnis SK | 24:52 | 7 | 26:32 | 7 | | | |
| S12 (4) | | | | | | | | | | | |
| 1 | 8 | Paula irkuma | 07 | K pa OK/ dažū BJSS | 38:36 | 2 | 24:12 | 2 | 36:19 | 3 | 39:07 |
| 2 | 9 | Kate Sali a | 07 | K pa OK | 35:30 | 1 | 30:04 | 4 | 37:38 | 4 | 43:12 |
| 3 | 11 | Karol na M li a | 06 | K pa OK/Carnikavas nov | 46:49 | 3 | 27:13 | 3 | 31:39 | 1 | 45:41 |
| 4 | 10 | Liena Gr la | 06 | Preetzer TSV | 1:18:01 | 4 | 21:03 | 1 | 34:36 | 2 | 13:40 |
| S14 (3) | | | | | | | | | | | |
| 1 | 14 | Felicita Rasš evska | 05 | Briksnis SK | 1:09:15 | 2 | 1:39:44 | 2 | 1:02:53 | 1 | 51:52 |
| 2 | 15 | Kaidi Piirisild | 04 | OK Vōru | 1:06:22 | 1 | 1:36:54 | 1 | 1:09:41 | 2 | 52:57 |
| 3 | 13 | Angela Mōttus | 05 | Otepāā SK | 1:12:15 | 3 | 1:45:29 | 3 | 1:12:30 | 3 | 10:14 |
| S16 (2) | | | | | | | | | | | |
| 1 | 16 | Krist ne Stoldere | 03 | Ozons/RSP | 49:27 | 1 | 1:18:12 | 1 | 1:02:36 | 2 | 10:15 |
| | 18 | Anita Laanejōe | 02 | OK Vōru | | | | | 56:50 | 1 | |
| S21A (12) | | | | | | | | | | | |
| 1 | 26 | Krist ne Bertuka | 85 | Meridi ns-CPSS-P rgauj | 44:30 | 1 | 56:33 | 1 | 57:08 | 1 | 38:11 |
| 2 | 23 | Magda Cigle | 00 | K pa OK | 46:48 | 2 | 1:03:36 | 5 | 1:00:37 | 2 | 51:01 |
| 3 | 20 | Ieva Mauli a | 76 | Briksnis SK | 53:36 | 3 | 58:35 | 2 | 1:02:33 | 3 | 54:44 |
| 4 | 19 | Inga Siegert | 83 | OK Vōru | 1:05:44 | 5 | 1:03:27 | 4 | 1:02:47 | 4 | 11:58 |
| 5 | 21 | Baiba Ozola | 64 | Mona OK | 1:01:39 | 4 | 1:14:04 | 7 | 1:18:51 | 6 | 34:34 |
| 6 | 24 | Elizabete Vimba | 01 | Auseklis IK | 1:12:27 | 6 | 1:36:58 | 10 | 1:18:09 | 5 | 07:34 |
| 7 | 22 | Lita Dudele | 83 | Briksnis SK | 1:31:39 | 10 | 1:17:43 | 8 | 1:26:18 | 8 | 15:40 |
| 8 | 27 | Gunta Lebedoka | 54 | KURMIS OK | 1:17:20 | 7 | 1:28:33 | 9 | 1:45:21 | 9 | 31:14 |
| 9 | 166 | Em lija Anna Sta e | | Auseklis IK | 1:21:49 | 8 | 1:51:57 | 11 | 1:22:00 | 7 | 35:46 |
| | 28 | Laura Joonas | 94 | OK Vōru | | | 1:00:44 | 3 | | | |
| | 25 | Aiga Tarasova | 87 | B daskalns | 1:22:30 | 9 | | | | | |
| | 29 | Annika Rihma | 84 | Al ksne OK | | | 1:03:46 | 6 | | | |
| S21B (8) | | | | | | | | | | | |
| 1 | 32 | Ieva Gr la | 82 | Preetzer TSV | 41:46 | 1 | 37:44 | 1 | 37:28 | 2 | 56:58 |
| 2 | 30 | Viktorija Brju ina | 84 | Azimuts OK-Sm BJSS | 53:19 | 5 | 42:59 | 2 | 34:55 | 1 | 11:13 |
| 3 | 36 | Maija Gud na | 72 | Ind. | 53:21 | 6 | 47:44 | 3 | 38:32 | 3 | 19:37 |
| 4 | 38 | Baiba R ta-Sali a | 84 | K pa OK | 47:12 | 4 | 1:02:01 | 6 | 44:04 | 4 | 33:17 |
| 5 | 37 | Sintija Levica | 88 | Grundz le | 1:03:43 | 8 | 58:38 | 5 | 44:21 | 5 | 46:42 |
| 6 | 35 | Di na Stoldere | 96 | Ozons/RSP | 55:33 | 7 | 55:53 | 4 | 55:58 | 6 | 47:24 |
| | 31 | Daniela Brikmāne | 01 | Azimuts OK-Sm BJSS | 44:49 | 2 | 1:06:59 | 7 | | | |
| | 34 | Kar na Janova | 79 | Siguldas Takas | 45:03 | 3 | | | | | |
| S21C (1) | | | | | | | | | | | |
| 1 | 39 | Madara Rasš evska | 81 | Briksnis SK | 35:45 | 1 | 35:39 | 1 | 31:59 | 1 | 43:23 |

| Pl | tno | Name | B Club | S1 | S2 | S3 | me |
|----------------|-----|-------------------------|---------------------------|---------|-----------|-----------|---------|
| S40 (9) | | | | | | | |
| 1 | 45 | Evija Karlsonē | 75 Ozons | 54:49 | 2 1:00:57 | 1 1:01:59 | 2 57:45 |
| 2 | 47 | Aiga Kalnī a | 74 Bez kompasa | 1:00:36 | 4 1:11:22 | 4 1:04:51 | 4 16:49 |
| 3 | 43 | Eva Haberkorne-Vimba | 76 Zieme kurzeme OK | 57:55 | 3 1:10:13 | 3 1:14:26 | 6 22:34 |
| 4 | 41 | El na Kr ze | 78 Burk nciems & Co VSK | 1:07:27 | 5 1:22:32 | 5 1:00:13 | 1 30:12 |
| 5 | 44 | Gunta Dudele | 63 B daskalns | 1:09:35 | 6 1:07:44 | 2 1:29:23 | 7 46:42 |
| | 42 | Ineta B rdi a | 74 smiltene | mp | 1:40:40 | 6 1:31:24 | 8 |
| | 234 | Ellen Lembra | OK Vōru | | | 1:02:02 | 3 |
| | 233 | Epp Voitka | OK Vōru | | | 1:08:01 | 5 |
| | 40 | Vita C rule | 68 Azimuts OK-Sm BJSS | 49:27 | 1 | | |
| S50 (8) | | | | | | | |
| 1 | 49 | Videga Gaigala | 66 Azimuts OK-Sm BJSS | 44:09 | 1 41:56 | 1 50:26 | 1 16:31 |
| 2 | 54 | Dace Ikš ele | 67 Azimuts OK-Sm BJSS | 50:28 | 3 46:54 | 2 55:06 | 2 32:28 |
| 3 | 48 | Andra Jansone | 59 Ind. | 59:14 | 5 53:38 | 3 58:39 | 3 51:31 |
| 4 | 52 | Sarm te Sild | 62 OK Vōru | 48:12 | 2 58:41 | 5 1:04:57 | 4 51:50 |
| 5 | 51 | Inta Pori e | 63 Alnis OK-JNSC | 51:59 | 4 57:00 | 4 1:18:32 | 6 07:31 |
| 6 | 55 | Pille Illak | 62 Otepää SK | 1:04:24 | 6 1:16:19 | 7 1:08:57 | 5 29:40 |
| | 53 | Maija erjaka | 59 K pa OK | 1:04:44 | 7 1:14:25 | 6 | |
| | 50 | Aija Orni a | 64 Ind. | dnf | mp | | |
| S60 (1) | | | | | | | |
| 1 | 56 | rīja Bertuka | 58 Al ksne-Ape OK | 1:01:28 | 1 1:14:07 | 1 1:22:07 | 1 37:42 |
| S65 (5) | | | | | | | |
| 1 | 60 | Ruta Kukka | 50 K pa OK | 38:24 | 1 39:17 | 1 34:01 | 1 51:42 |
| 2 | 62 | Mud te Alksne | 50 J kaba a ent ra | 54:47 | 2 52:11 | 3 46:28 | 2 33:26 |
| | 59 | Inese Mauli a | 52 Saldus OK | 57:22 | 3 2:18:43 | 5 | |
| | 58 | Inta Tabaka | 53 KURMIS OK | | 1:13:42 | 4 52:08 | 3 |
| | 61 | Liivi Parik | 51 Otepää SK | | 47:29 | 2 | |
| S70 (3) | | | | | | | |
| 1 | 65 | J lija Zvirgzde | 40 Seniors | 59:37 | 3 1:06:47 | 1 1:04:47 | 3 11:11 |
| 2 | 63 | Velta Zjatkova | 39 Alnis OK-JNSC | 50:33 | 2 1:43:04 | 2 50:28 | 1 24:05 |
| | 64 | M ra Bolš teina | 43 Alnis OK-JNSC | 42:13 | 1 | 1:01:09 | 2 |
| V10 (9) | | | | | | | |
| 1 | 68 | Gustavs Gailis | 10 Burk nciems & Co VSK | 12:46 | 1 14:05 | 1 9:09 | 1 :00 |
| 2 | 67 | Hugo Pakalns | 11 Probild | 15:35 | 2 19:49 | 7 12:51 | 4 :15 |
| 3 | 69 | Nikl vs Sta a | 10 Briksnis SK | 16:44 | 3 23:03 | 9 10:13 | 3 :00 |
| 4 | 71 | Gregors Gr ls | 08 Preetzer TSV | 28:05 | 8 15:10 | 3 9:34 | 2 :49 |
| 5 | 66 | Oskars Ermansons | 09 Siguldas sporta skola | 21:17 | 5 19:53 | 8 18:07 | 5 :17 |
| 6 | 165 | Em ls Tarass | 10 Azimuts OK-Sm BJSS | 17:04 | 4 14:58 | 2 27:44 | 8 :46 |
| 7 | 70 | Lukas Siegert | 08 OK Vōru | 25:39 | 6 17:01 | 4 18:17 | 6 00:57 |
| 8 | 72 | Jasper Uusmaa | 08 OK Vōru | 28:55 | 9 17:07 | 5 18:27 | 7 04:29 |
| | 73 | Marcus-Sebastian Ilumae | 08 OK Vōru | 26:51 | 7 17:07 | 5 | |
| V12 (4) | | | | | | | |
| 1 | 77 | Francis Vimba | 06 Auseklis IK | 30:40 | 1 27:53 | 3 20:31 | 1 19:04 |
| 2 | 75 | Nikl vs Dravants | 07 Meridi ns-CPSS-P rgauj | 41:37 | 2 20:26 | 1 23:32 | 2 25:35 |
| 3 | 78 | Laur-Rogert Sulg | 06 Otepää SK | 42:58 | 3 23:34 | 2 28:40 | 3 35:12 |
| 4 | 76 | Magnar Mōttus | 07 Otepää SK | 50:06 | 4 44:19 | 4 38:12 | 4 12:37 |

| Pl | tno | Name | B | Club | S1 | S2 | S3 | me | | | |
|------------------|-----|---------------------|----|------------------------|---------|----|---------|----|---------|----|-------|
| V14 (9) | | | | | | | | | | | |
| 1 | 86 | Gustavs Sta a | 04 | Auseklis IK | 37:28 | 1 | 39:05 | 1 | 43:50 | 7 | 00:23 |
| 2 | 84 | Kristaps Gr ls | 04 | Preetzer TSV | 40:44 | 2 | 42:50 | 2 | 39:00 | 3 | 02:34 |
| 3 | 87 | P teris Gailis | 05 | ZVOC-VBSS | 42:36 | 4 | 45:53 | 3 | 36:13 | 1 | 04:42 |
| 4 | 85 | Ren rs Kavi š | 04 | Azimuts OK-Sm BJSS | 42:51 | 5 | 48:54 | 6 | 37:56 | 2 | 09:41 |
| 5 | 80 | Chris Marcus Krahv | 05 | Otepää SK | 44:59 | 6 | 46:25 | 4 | 39:02 | 4 | 10:26 |
| 6 | 79 | Kristers L rmanis | 05 | Al ksne-Ape OK/ Sm BJ | 47:52 | 7 | 48:45 | 5 | 40:52 | 5 | 17:29 |
| 7 | 81 | Uvis Spro is | 05 | Al ksne-Ape OK/ Sm BJ | 41:52 | 3 | 1:03:20 | 7 | 42:06 | 6 | 27:18 |
| | 82 | Roberts irkums | 05 | K pa OK/ dažu BJSS | 49:46 | 8 | dnf | | 51:53 | 8 | |
| | 83 | Otto Toomas Kibena | 05 | OK Võru | 1:15:37 | 9 | mp | | | | |
| V16 (2) | | | | | | | | | | | |
| 1 | 89 | Austris Kalni š | 03 | Al ksne-Ape OK/ Sm BJ | 1:06:14 | 2 | 53:40 | 2 | 1:24:33 | 1 | 24:27 |
| | 88 | Jürgen Joonas | 03 | OK Võru | 57:29 | 1 | 50:43 | 1 | | | |
| V21A (15) | | | | | | | | | | | |
| 1 | 97 | Guntis M li š | 84 | K pa OK | 50:42 | 1 | 48:47 | 4 | 1:09:31 | 2 | 49:00 |
| 2 | 95 | Luis Nogueira | 89 | COMA | 51:42 | 2 | 56:20 | 5 | 1:05:26 | 1 | 53:28 |
| 3 | 98 | Ot rs Putr lis | 73 | Azimuts OK-Sm BJSS | 1:01:10 | 4 | 1:15:41 | 10 | 1:16:28 | 3 | 33:19 |
| 4 | 91 | Nils Ciglis | 02 | K pa OK | 1:09:38 | 7 | 1:06:57 | 8 | 1:25:11 | 5 | 41:46 |
| 5 | 94 | Atis Kr mi š | 81 | Ozons | 1:07:50 | 6 | 1:10:37 | 9 | 1:23:28 | 4 | 41:55 |
| 6 | 99 | Art rs Gr nbergs | 70 | Ozons | 1:20:25 | 9 | 1:28:12 | 12 | 2:00:38 | 6 | 49:15 |
| | 92 | Raido Kiss | 00 | OK Võru | 1:13:33 | 8 | 1:33:35 | 13 | | | |
| | 90 | Kaspars erjaks | 70 | K pa OK | 57:37 | 3 | 1:01:06 | 6 | | | |
| | 96 | Gregory Ahlswede | 90 | DVOA | 1:02:56 | 5 | dnf | | | | |
| | 101 | Kristo Heinmann | 89 | OK Ilves | | | 43:02 | 2 | | | |
| | 167 | Kristaps Dzvinco | | Ind. | | | 1:25:41 | 11 | | | |
| | 100 | Lauri Sild | 90 | Al ksne OK | | | 44:10 | 3 | | | |
| | 102 | Timo Sild | 88 | Al ksne OK | | | 41:51 | 1 | | | |
| | 104 | Joonas Halapuu | 00 | OK Võru | | | | | | mp | |
| | 103 | Andis Janovs | 81 | Briksnis SK | | | 1:04:36 | 7 | | | |
| V21B (12) | | | | | | | | | | | |
| 1 | 115 | Aldis Sebris | 87 | Sinoles S t i | 53:56 | 6 | 48:39 | 2 | 59:30 | 2 | 42:05 |
| 2 | 117 | M rti š Dravants | 77 | zos ni | 50:09 | 2 | 49:26 | 3 | 1:02:45 | 3 | 42:20 |
| 3 | 116 | Valerii Proskov | 81 | Azimuts OK-Sm BJSS | 53:28 | 5 | 54:16 | 4 | 1:06:45 | 4 | 54:29 |
| 4 | 106 | M ris Veliks | 72 | Tespars | 58:12 | 7 | 1:00:03 | 6 | 56:38 | 1 | 54:53 |
| 5 | 111 | J nis L gats | 82 | ZVOC-VBSS | 50:39 | 3 | 1:00:24 | 7 | 1:27:06 | 7 | 18:09 |
| 6 | 107 | irts Pakalns | 82 | Probild | 1:00:11 | 8 | 1:11:53 | 10 | 1:19:32 | 6 | 31:36 |
| 7 | 105 | Raimonds Ar js | 80 | NEIRO | 1:24:49 | 11 | 1:06:17 | 8 | 1:15:17 | 5 | 46:23 |
| 8 | 110 | Zigm rs Raš evskis | 80 | Briksnis SK | 1:40:36 | 12 | 1:57:47 | 12 | 1:55:58 | 8 | 34:21 |
| | 114 | Kristi ns Sta a | 01 | Auseklis IK | 1:18:01 | 10 | 1:08:56 | 9 | mp | | |
| | 112 | Dmitrijs Skripacevs | 86 | Zieme kurzeme OK | 48:15 | 1 | 45:55 | 1 | dnf | | |
| | 109 | J nis Sali š | 80 | K pa OK | 51:58 | 4 | 57:12 | 5 | dnf | | |
| | 113 | J nis Va is | 71 | Ind. | 1:11:06 | 9 | 1:12:01 | 11 | | | |
| V21C (1) | | | | | | | | | | | |
| 1 | 118 | Raimonds Gailis | 70 | Burk nciems & Co VSK | 58:21 | 1 | 1:07:15 | 1 | 58:19 | 1 | 03:55 |
| V40 (7) | | | | | | | | | | | |
| 1 | 121 | M rti š Vimba | 77 | Zieme kurzeme OK | 51:57 | 1 | 54:17 | 2 | 1:03:22 | 1 | 49:36 |
| 2 | 120 | Aigars Treijers | 71 | Ogre OK/SC | 57:13 | 2 | 51:45 | 1 | 1:03:43 | 2 | 52:41 |
| 3 | 126 | Dagnis Ka epe | 70 | Meridi ns-CPSS-P rgauj | 57:49 | 3 | 1:14:51 | 5 | 1:07:35 | 3 | 20:15 |

| Pl | tno | Name | B Club | S1 | S2 | S3 | me |
|-----------------|-----|--------------------|---------------------------|---------|------------|------------|----------|
| V40 (7) | | | | | | | |
| <i>(cont.)</i> | | | | | | | |
| 4 | 119 | Kaspars Sta a | 73 Briksnis SK | 1:10:21 | 5 1:16:58 | 6 1:19:25 | 4 46:44 |
| 5 | 122 | Vilnis Gailis | 72 Burk nciems & Co VSK | 1:19:08 | 6 1:10:40 | 4 1:22:57 | 6 52:45 |
| | 127 | Valdis Janovs | 77 Siguldas Takas | | 1:02:37 | 3 1:22:25 | 5 |
| | 123 | Nikolay Sytov | 71 Mosmeridian | 58:20 | 4 mp | | |
| V50 (16) | | | | | | | |
| 1 | 138 | riks dris | 62 Meridi ns-CPSS-P rgauj | 49:47 | 3 54:14 | 1 51:58 | 2 35:59 |
| 2 | 139 | Guntars Puntulis | 60 Azimuts OK-Sm BJSS | 46:56 | 1 54:46 | 3 55:08 | 4 36:50 |
| 3 | 143 | Dainis Bormanis | 67 Azimuts OK-Sm BJSS | 48:41 | 2 54:36 | 2 56:00 | 5 39:17 |
| 4 | 140 | Andris Me erts | 65 Saldus OK | 56:35 | 8 55:42 | 4 50:29 | 1 42:46 |
| 5 | 130 | Aigars Dudelis | 62 B daskalns | 57:26 | 9 1:00:07 | 5 1:03:36 | 7 01:09 |
| 6 | 137 | Aigars Savickis | 63 Azimuts OK-Sm BJSS | 52:59 | 4 1:16:46 | 8 54:33 | 3 04:18 |
| 7 | 133 | Ilm rs Dukulis | 64 Alnis OK-JNSC | 1:05:45 | 10 1:02:59 | 6 1:12:49 | 11 21:33 |
| 8 | 131 | Sarmis boli š | 65 Al ksne-Ape OK | 1:11:47 | 12 1:18:04 | 9 1:04:10 | 8 34:01 |
| 9 | 136 | Kalvis Bricis | 63 Bez kompasa | 1:25:39 | 14 1:25:57 | 11 1:06:45 | 9 58:21 |
| 10 | 142 | P teris Zari š | 61 Mona OK | 1:14:28 | 13 1:21:14 | 10 1:27:25 | 13 03:07 |
| | 132 | Ingus Rekti š | 67 Burk nciems & Co VSK | 56:16 | 7 dnf | | |
| | 135 | P teris Kokar vi s | 62 Azimuts OK-Sm BJSS | 54:34 | 6 | 1:15:42 | 12 |
| | 128 | Ilm rs Brikmanis | 65 Ind. | 53:08 | 5 1:04:30 | 7 | |
| | 235 | Jur is Dudelis | B daskalns | | | 59:38 | 6 |
| | 141 | Guntars C rulis | 62 Azimuts OK-Sm BJSS | 1:10:41 | 11 | | |
| | 144 | U is Ozols | 67 Ind. | | | 1:10:58 | 10 |
| V60 (7) | | | | | | | |
| 1 | 148 | J nis Sali š | 58 Mežmalas/Madona | 43:53 | 2 44:40 | 2 42:51 | 1 11:24 |
| 2 | 145 | Viesturs Ziedi š | 55 KURMIS OK | 54:37 | 4 52:20 | 3 43:45 | 2 30:42 |
| 3 | 150 | Ivars Muzikants | 57 Mona OK | 48:09 | 3 52:37 | 4 52:47 | 3 33:33 |
| 4 | 146 | Edmunds Krasti š | 58 Ind. | 57:44 | 5 1:01:31 | 5 56:18 | 4 55:33 |
| 5 | 147 | Uldis Bertuks | 57 Al ksne-Ape OK | 1:00:35 | 6 1:01:57 | 6 1:07:26 | 5 09:58 |
| 6 | 151 | J nis Augulis | 57 Sigulda | 1:11:49 | 7 1:16:38 | 7 1:15:52 | 6 44:19 |
| | 149 | Juris Kokins | 56 Meridi ns | 40:57 | 1 42:51 | 1 mp | |
| V65 (8) | | | | | | | |
| 1 | 152 | Aldis Lapi š | 51 Azimuts OK-Sm BJSS | 47:26 | 3 52:53 | 2 40:43 | 1 21:02 |
| 2 | 157 | J nis Biezais | 50 Azimuts OK-Sm BJSS | 48:49 | 4 57:49 | 4 56:12 | 2 42:50 |
| 3 | 154 | Egils Mauli š | 51 Saldus OK | 57:57 | 6 1:06:39 | 5 1:02:26 | 3 07:02 |
| 4 | 159 | Volli Kuk | 49 K pa OK | 59:53 | 7 1:19:20 | 8 1:04:10 | 4 23:23 |
| | 158 | Ilm rs Limb ns | 48 Sigulda | 43:41 | 2 50:24 | 1 mp | |
| | 160 | Koiti Paasma | 50 Lehola | 43:03 | 1 56:00 | 3 | |
| | 155 | M ris Lapi š | 53 Azimuts OK-Sm BJSS | 52:42 | 5 1:10:17 | 7 | |
| | 153 | Anti Parik | 53 Otepää SK | | 1:09:07 | 6 | |
| V70 (4) | | | | | | | |
| 1 | 163 | Uldis Alksnis | 46 J kaba a ent ra | 34:36 | 1 31:59 | 1 33:24 | 1 39:59 |
| 2 | 162 | Agris Kronbergs | 48 Vari i | 37:20 | 2 38:48 | 3 36:35 | 2 52:43 |
| 3 | 161 | Juris Zvirgzds | 42 Seniors | 42:36 | 4 36:48 | 2 43:19 | 3 02:43 |
| | 164 | Vilis Dubrovskis | 43 Seniors | 38:53 | 3 48:09 | 4 | |